**Le genou traumatique :**

Présentation pour la Sofcok : 14 & 15 mars 2020

Par le Docteur Yorick Berger & Simon Adank, kinésithérapeute

Adank :

1. *« Criteria for return to running after anterior cruciate ligament reconstruction: a scoping review* », Bjsport, mai 2018**,** J M Rambaud, Clare L Ardern, Patricia Thoreux, Jean-Philippe Regnaux, Pascal Edouard
2. *« Graft remodeling and ligamentization after cruciate ligament reconstruction »*, Knee Surgery Sports Traumatology Arthroscopic, avril 2008, S. U. Scheffler, F. N. Unterhauser, A. Weiler
3. Effectiveness of a home-based re-injury prevention program on motor control, return to sport and recurrence rates after anterior cruciate ligament reconstruction: study protocol for a multicenter, singleblind, randomized controlled trial », 2019, Department of Sports Medicine, Goethe University Frankfurt, Niederer et al. Trial.
4. « Risk of Secondary Injury in Younger Athletes After Anterior Cruciate Ligament Reconstruction: A Systematic Review and Meta-analysis », Am J Sports Med., juillet 2016, Amelia J. Wiggins, DO\* , Ravi K. Grandhi, MBA†,‡, Daniel K. Schneider‡,§, Denver Stanfield, MD‖ , Kate E. Webster, PhD¶ , and Gregory D. Myer.
5. « Simple decision rules can reduce reinjury risk by 84% after ACL reconstruction: the Delaware-Oslo ACL cohort study», mai 2016, Br J Sports Med, Hege Grindem, Lynn Snyder-Mackler, Håvard Moksnes, Lars Engebretsen, , May Arna Risberg.
6. « Current Concepts for Injury Prevention in Athletes After Anterior Cruciate Ligament Reconstruction », 2013, The American Journal of Sports Medicine, Stephanie L. Di Stasi, Gregory D. Myer.
7. « Validation of a Composite Test for Assessment of Readiness for Return to Sports After Anterior Cruciate Ligament Reconstruction: The K-STARTS Test », 2018, Sports Health volume 10 – numéro 6, William G. Blakeney, Hervé Ouanezar, Isabelle Rogowski, Gregory Vigne, Bertrand Sonnery-Cottet.
8. « Factors Used to Determine Return to Unrestricted Sports Activities After Anterior Cruciate Ligament Reconstruction », december 2011, Arthroscopy: The Journal of Arthroscopic and Related Surgery, Vol 27, No 12, Sue D. Barber-Westin, Frank R. Noyes.

Berger :

1. *Surgery of the Knee*, Insall & Scott, 6th Edition, Elsiever 2018. Section I, Basic Science ; Section IV, Sports Medicine : Articular Cartilage and meniscus ; Section V, Sports Medicine : Ligament Injuries ; Section VI, Sports Medicine : Patellar and Extensor Mechanism Disorders ; Section VII Knee Arthritis.
2. *Eighty tree per cent of elite athletes return to preinjury sport after anterior cruciate ligament reconstruction : a systematic review with metaanalysis of return to sports rate, graft rupture rates and performance outcome*. Lai CCH, et al. Br J Sports Med 2018;52:128–138.
3. *ACL Graft and Contralateral ACL Tear Risk within Ten Years Following Reconstruction : A Systematic Review.* Kurt P. Spindler, JBJS REVIEWS 2015;3(1):e3.
4. *Long-term failure of anterior cruciate ligament reconstruction : Systematic Review*. S. Nicholas Crawford et al., Arthroscopy: The Journal of Arthroscopic and Related Surgery, Vol 29, No 9